

# CROÍ NUA

**Are you looking for a way to enliven your community, enrich their spirituality and deepen their faith?... Do you know people who are genuinely searching for a more meaningful relationship with God and a more relevant experience of their faith life?**

Then please take some time now to read about **CROÍ NUA**; a creative programme of spiritual renewal which has been specifically developed for the people of Ireland, offering hope and new vision for faith communities and individuals who are seeking to enrich their lives.

The **CROÍ NUA** Programme consists of a series of eight small group gatherings based on reflective reading, group sharing and prayer rituals. It is a faith sharing programme designed for groups of a maximum of 10 people coming together in welcoming hospitable settings such as homes, community centres, retreat centres, etc.

The Programme, written by authors who are in touch with the Irish Celtic heartbeat, draws upon the wisdom and tradition of our ancient Celtic Christian heritage, as well as contemporary theology and spirituality, with the richness and wisdom of Scripture woven throughout.

Contributing Writers Of The **CROÍ NUA** Programme are:

- ♥ Daniel O'Leary
- ♥ Mark Patrick Hederman
- ♥ Nellie McLaughlin
- ♥ Michael Rogers
- ♥ Margaret Silf
- ♥ Finola Cunnane
- ♥ Pat Moore
- ♥ Mary Kate Hagan
- ♥ Hilary Musgrave
- ♥ Monica Brown

Themes addressed in the **CROÍ NUA** Programme are:

- ♥ Seasons Of Life
- ♥ God Who Journeys With Us
- ♥ The Grace Of Suffering
- ♥ The Heart Of Prayer
- ♥ The Healing Journey
- ♥ Living Faith





# CROÍ NUA

## How Does The CROÍ NUA Programme Work?

The CROÍ NUA Programme involves the following:

- ♥ Personal reading and reflection of the Programme's reading resources
- ♥ Small group gatherings for sharing and discussion on the reading resources which include simple meaningful prayer rituals

Parishes, retreat centres, religious communities or independent individuals, would invite interested people to form small groups of a maximum of 10 people per group to participate in the CROÍ NUA Programme. There is no limit to how many groups a particular organisation may set up, some organisations may have only one group while another may have several groups operating at the same time. Each group would need to have their own CROÍ NUA Kit (see below) and a Group Facilitator and Group Host/Hostess (see over next page) to coordinate and facilitate the group gatherings which are held in warm relaxed and hospitable settings such as homes or welcoming community centres.

### Personal Reading and Reflection on the Programme's Reading Resources.

The reading resources that are used for the CROÍ NUA group gatherings are given to each member of the group at least a week before each gathering to ensure that people have time to read the resources and reflect on them before they come together to discuss them. This is one of the most important aspects of the CROÍ NUA Programme. The personal reflection and time given to the readings will enable people to be informed and enriched by the resources and come to the groups gatherings with something valuable to share with the group.

### The Group Gatherings

There are eight Group Gatherings which run for approximately one and half hours.

**Gathering 1:** A relaxed and informal introduction to the members of the group and to the CROÍ NUA Programme... **Gatherings 2 -7:** Gathering Prayer Ritual, group sharing and reflection on reading resources and concluding Prayer Ritual. **Gathering 8:** Conclusion to the Programme and follow up.

## What Does the CROÍ NUA Programme Kit Contain?

- ♥ A Programme Handbook For Group Facilitators
- ♥ A CD of the Reading Resources and music for the Prayer Rituals. The reading materials are presented on a CD in PDF files so that they can be emailed to the participants prior to each group gathering or photocopied for them. (This is to minimize the printing costs of the Programme so as to make the resources more economically viable in these difficult financial times).
- ♥ A DVD of audio/visual reflections to support and break open the Programme Themes.





## Who Has Developed And Published The CROÍ NUA Programme?

The Programme has been conceived, developed and edited by Hilary Musgrave and Monica Brown and is a joint publication by Celtic Spirit and Emmaus Productions Ireland. For further information please visit the following websites [www.celticspiritpilgrimages.com](http://www.celticspiritpilgrimages.com) and [www.emmausproductions.com](http://www.emmausproductions.com)

## What Makes The CROÍ NUA Programme A Valuable Resource?

- ♥ It has been written and developed specifically for the people of Ireland
- ♥ It is in touch with the questions, concerns and issues facing the people of Ireland as a nation, as a Church and as a society
- ♥ Its writers are experts in their field and well respected facilitators
- ♥ It draws on the rich heritage of our Celtic Catholic Christian roots
- ♥ It gives people the opportunity to form themselves and each other by reflecting on reading resources that will inform them, enrich them and challenge them in their spiritual formation and understanding of their own personal faith
- ♥ It promotes by its reading resources and the structure of its group gatherings, opportunities for mutual, respectful sharing and discussion that has focus and purpose
- ♥ It provides in its prayer rituals a new appreciation of scripture and ritual and draws people into the intimacy of meaningful prayer
- ♥ Its music and audio/visual reflections draw people into a reflective and prayerful spirit
- ♥ Its group gatherings foster meaningful relationships through genuine faith sharing that can nurture and build real community
- ♥ It is open to anyone and everyone who is genuinely seeking to deepen their faith and enrich their lives

## What Is Required Of The Group Host/Hostess And Group Facilitator?

### The Group Host/Hostess

This person provides their home for the group gathering or organises a suitable venue for the group gathering that is hospitable and comfortable for the group. S/he welcomes people to the gathering and coordinates the supper/refreshments at the end of the gathering.

### The Group Facilitator

The role of the facilitator is to ensure the effective flow of discussion and sharing within the group and to lead the prayer rituals at the end of the group sharing. The **CROÍ NUA** Programme Handbook provides some practical and helpful hints for the facilitation of the group sharing and the prayer rituals. The facilitator is not expected to give input or provide answers to questions or concerns that may arise within the group discussion and sharing. If people have questions or concerns that cannot be resolved in the group discussion or sharing it would be helpful for the facilitator to refer them to an appropriate person in the community who may be able to assist.

## Is There Support For The Gathering Facilitators?

The **CROÍ NUA** Programme Support Team is available by contacting the office of Emmaus Productions Ireland, on 051 391 784 or emailing us at [emmausireland@emmausproductions.com](mailto:emmausireland@emmausproductions.com)



## Testimonials

The following comments are taken from the evaluations of participants of the Pilot Programme from numerous and diverse groups around Ireland...

“This is an excellent resource... so timely for the people of Ireland...” - Cork

“The group were challenged and enlightened by new perspectives from writers who are well respected in this country...” - Waterford

“I found the session we did engaging and uplifting...” - Crumlin, Dublin

“The quality of the Programme’s reading resources were excellent, very relevant, thought provoking...” - Cavan

“The reading resources touched the experience of most people...” - Sutton

“The format of the Group Gatherings was well thought out and worked well...” - Belfast

“The Group Gathering was a good vehicle for meaningful discussion...” - Marley, Dublin

“We had ten people in our small group and it worked out very well...” - Wexford

“The Prayer Rituals were powerful and meaningful in their simple gestures; touching and deeply moving...” - Cahir

“The Programme is an excellent opportunity to introduce people to modern writers in small doses!...” - Clonmel

“The spirituality behind this Programme is exactly what we need to be encouraging here in Ireland...” - Letterkenny

“Congratulations on assembling such a rich resource of materials, so well worked out and carrying such coherence... the content touched into something deep inside the participants...” - Larne, Co, Down

CATEGORY	PRICE	QTY	TOTAL
“CROI NUA” Programme Kit: Programme Handbook, CD of resources and reflection DVD	€48.00		
	<b>25% DISCOUNT for 3+ Kits</b>		
<b>+ Postage/Handling - €7.00</b>			
<b>TOTAL</b>			

Name: .....

Address: .....

Postcode: .....

Email: .....

Phone: .....

Order Ref: ..... Invoice (please tick if required)

Payment enclosed: Yes: \_\_\_\_ No: \_\_\_\_ Amount: .....

(Please make cheques payable to Emmaus Productions)

Please debit my Mastercard  Visa

CVV/Verification Code  (last 3 digits on back of card)

Cardholders name .....

Expires \_\_\_ / \_\_\_ Signature .....



**EMMAUS PRODUCTIONS CONTACT:**  
3 Main Street, Tramore, County Waterford.  
Tel: +35351391784  
[emmausireland@emmausproductions.com](mailto:emmausireland@emmausproductions.com)